



THE THREE SHIRES MEDICAL PRACTICE

Colerne, Marshfield, Pucklechurch and Wick Surgeries

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LONG-TERM CONDITION RECALL

This leaflet explains our long-term condition recall process and what you can expect.

We aim to review all long-term conditions around your birthday month. We hope this is easier for you to remember and to get your health fully reviewed in a timely fashion.



We will let you know when you are able to book your appointment via a text message or a letter. Please book your appointment promptly.

You may need to see more than one clinician (GP, Nurse, Health Care Assistant and/or Practice Pharmacist), however we will combine appointments where we can.

What conditions are covered by this recall:

Diabetes

Regular monitoring of Diabetes is very important. You will need to attend the surgery for an annual blood test & blood pressure with a HCA - **please bring an early morning urine sample to your appointment.** This will be followed by an appointment with a nurse a couple of weeks later.

Asthma

If you have Asthma (and are currently prescribed inhalers), we will send you a text message at the beginning of your birth month with a link for you to complete an ACT questionnaire online. We will receive the results of this once you have completed it and contact you to arrange an appointment.

Heart Failure

You will first have an appointment with an HCA for a blood test and blood pressure check. This will be followed by an appointment with a GP a couple of weeks later.

Cardiovascular Disease *Chronic Heart Disease / Stroke / TIA*

Primary Prevention *Hypertension / Pre-Diabetes*

You will need a 20-minute appointment with an HCA for a blood test and blood pressure check.

Dementia

Learning Disability

Specific Mental Health Conditions *Schizophrenia / Bipolar Disorder / Psychosis*

We have a Care Coordinator Team dedicated to ensuring that patients with these conditions have all necessary appointments booked for their annual review. Your Care Coordinator will advise and book any appointments needed for other Long-Term Conditions.