



THE THREE SHIRES MEDICAL PRACTICE

Colerne, Marshfield, Pucklechurch and Wick Surgeries

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LONG-TERM CONDITION APPOINTMENTS

This leaflet explains our long-term condition appointment process and what you can expect.

We aim to review all long-term conditions in your birthday month. We hope this is easier for you to remember and to get your health fully reviewed in a timely fashion.



We will let you know when you are able to book your appointment via a text message or a letter. Please book your appointment promptly. If you call to book your appointment, please call us after 11am.

You may need to see more than one clinician (GP, Nurse, Health Care Assistant and/or Practice Pharmacist), however we will combine appointments where we can.

What conditions are covered by these appointments:

Diabetes

Regular monitoring of Diabetes is very important. You will need to attend the surgery for an annual blood test, blood pressure & foot check with an HCA - *please bring an early morning urine sample to your appointment.* This will be followed by an appointment with a nurse a couple of weeks later.

Asthma / COPD

If you have Asthma (and are currently prescribed inhalers) or COPD, we will send you a text message at the beginning of your birth month with a link for you to complete a questionnaire online. We will receive the results of this once you have completed it and contact you to arrange an appointment. If you have no mobile we will invite via letter.

Heart Failure

You will first have an appointment with an HCA for a blood test and blood pressure check. This will be followed by an appointment with a GP a couple of weeks later.

Chronic Kidney Disease (*please bring an early morning urine sample to the appointment*)

Cardiovascular Disease *Chronic Heart Disease / Stroke / TIA/ PAD*

Primary Prevention *Hypertension / Pre-Diabetes*

You will need a 20-minute appointment with an HCA for a blood test and blood pressure check along with some lifestyle questions.

Dementia

Learning Disability

Specific Mental Health Conditions *Schizophrenia / Bipolar Disorder / Psychosis*

We have a Care Coordinator Team dedicated to ensuring that patients with these conditions have all necessary appointments booked for their annual review. Your Care Coordinator will advise and book any appointments needed for other conditions.